

PREMIER'S BE ACTIVE CHALLENGE 2023

Well done everyone, 5 years in a row of 100% completion in the PBAC. It had been confirmed that we are a top 50 high achieving school and <u>will receive \$1000</u> for our school from the state government. Individuals are expected to receive their medals week 5– how exciting!

On Tuesday 21st November, the Minister for Sport and Recreation will host the

Premier's Be Active Challenge Reception at Netball Stadium SA and we will send a couple of our Year 6s to receive our reward of \$1000 for our hard work in 2023. Well done everyone on another successful year.

The PBAC has required individuals to record one hour of physical activity, five days a week, for ten weeks.



Challend

SPORTS INCENTIVE POINTS TALLY

Sports Incentive Points (SIPs) earned go towards our 2024 sports day and our annual Aldgate Allrounder award.

Freeman	Meares	Pearson	Thorpe
467	469	465	471

Congratulations to the following students for displaying positive attitudes to PE, achieving personal bests (PBs) and displaying our school values.

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Hoffmann – Aster, Henry Lampard, Jack K, Mabel C, Tally, Louis, Somerville – Bowie, Casey, Charlotte W, Connor, Harry S, Mikey, Henry Lemm, Wren, Cottle – Harriet C, Luca W, Edgar, Jessica, Luca Z, Malachy, Nate W, Paddy, Sophia, Hyatt – Maddie Brown, Thomas, Alia, Charlie T, Scarlett Stevenson, Uma, Victor, Dunaiski/Woods – Charlie P, Cooper, Margot, Rose, Evelyn, Hugo R, Mabel P, Oliver K, Owen H, Sidney, Drago – Alex W, Arlo T, Emil, Felix S, Flynn, Harriet B, Mackenzie D, Saskia M, Wyett/Cale – Bella G, Ella Vandenbroek, Eloise D, Hamish, Ivy, Oliver B, Asher S, Daniel, Henry M, Holly, Izzy, Mia, Milla T, Nathaniel, Orla, Roy, Siam, Zachary F, Zoe, Huff/Cale - Amelia Wells, Emma DH, Cora, Lachlan D, Richards – Annie, Finn, Havannah, Jasmin, Laurie, Lily S, Aidan K, Angus, Chloe, Eddie, Ella B, Rowan, Saskia L, Marsden/Cale – Amelia Wilson, Eloise K, Amity, Liv, Mabel F, Tristan.

ALDGATE ALL ROUNDER 2023 LEADERBOARD - WEEK 4, TERM 4

- 1. 36 points Holly Faber
- 2. **34 points** Oliver Miller and Olivia Hamilton
- 3. 29 points Daisy Rolfs

ALDGATE 500

All classes are currently working hard at their long-distance running with classes running weekly 500 metre time trials on our beautiful school oval. Our fastest boy and girl runners are celebrated with a plague on the Aldgate 500 shield. We have seen many personal bests from all classes this term. Don't forget to wear your running shoes on PE days and we always ensure our students are comfortable and only run when the weather is just right!

SCHOOL SPORT KNOCKOUT TENNIS

Last Thursday, a squad of nine students travelled to Littlehampton Tennis Club for the round one knockout boys' and girls' tennis matches. Our first contest was against the Murray Bridge school, Unity College. Unity advanced through to the final and we then played off against St Francis de Sales. In the end our girls came third and our boys finished 4th.

The tennis tournament was one of our many highlights of the year. Whilst we didn't progress through to the next round, the resilience our team displayed was contagious. It was true grit, determination and perserverance.

It started with a complexity before we left school, with a quick recruitment drive to find a replacement for a late withdrawal. Eloise Kent put her hand up to join the team. Apprehensive at first, but as the day wore on she went from strength to strength, finishing with a polarising 6-0 win in her last singles match. Finn, down 0-5 in one of his singles matches, clawed his was back to go down fighting 3-6. Daisy narrowly losing a singles match, going down in a tie breaker 5-6. Lexi leading the way with amazing communication and on court etiquette. Henry and Nathan bounding around the courts like a tenacious Leyton Hewitt, chasing balls down jack russell style. Molly standing tall and leading the girls through the day with her voice and positivity. Lachy, cool as a cucumber, in a doubles clash teamed with Finn, taking out the set 6-5 in nailbiting a tie breaker doubles clash. Raf executing a composed singles win, capping off a fine day for everyone. Well done children – it truly was another standout achievement for 2023.

I liked playing against different teams. We won one doubles match with Finn in a tie breaker against Unity and my singles against St Francis de Sales. **Lachlan Durrand**

I made friends with the opposition in my singles match that I won 6-4 against St Francis de Sales. I really loved playing doubles with Daisy in the last round. **Molly Booth**

I enjoyed our friendly game against St Francis, we got on well. It was a great match and I had a win 6-1. **Raf Merry** Even though it was hard, we had lots of fun in the sun at Littlehampton and we came third overall. My highlight was winning my singles 6-2. **Lexi Becker**

Playing tennis against St Francis was excellent. Not only did we play tennis but we also made some mates. **Nathan Harvey** My favourite part of the day was the satisfying win in doubles with Molly and the two Zooper Doopers were delicious. **Daisy Rolfs** I liked playing against the different schools with different skill levels. It was my first ever competitive tennis match. **Henry Dolan** I arrived at school this morning thinking it was going to be another normal school day but then Mr Grigg invited me to play tennis and it was great to play. I won a singles match and a doubles match with Lexi. **Eloise Kent**

My highlight was the tie break win that Lachlan and I had in our doubles against Unity. We won 7-5 in the tie break, it was so close! **Finn Della-Torre**



SCHOOL SPORT SA STATE CRICKET CHAMPIONSHIPS

Recently, Meisha Summerill was selected for the combined Eastern Girls Zone Cricket side to participate in the state championships in the western suburbs. Her team came second overall. Looking forward to hearing all about her week.

SCHOOL SPORT SA KNOCKOUT GIRLS CRICKET SEMI FINAL

Talking cricket, our girl cricketers are off to Greenwith on Monday to play off for a chance in a grand final. Last week due tro 'PJ Friday', we replicated Kerry Packer's pyjama cricket scene from the eighties at our weekly practice. They girls had a great training in their slippers!



SUMMER BEACH SPIKEZONE VOLLEYBALL

Great to see so much interest in the summer volleyball competition at Heathfield High School. We have had many new players join the ranks this term. Here's a few words from our first year players, Angie Brown and William Gertig.

This term we've played our first games of volleyball. Our teams are made up of friends who helpus use the different skills of the game. We like all the skills that we use but we like setting the best because it sets up a team mate. We look forward to keep trying to do our best in volleyball. It is fun to play our games on sand and we can take our shoes off. **Angie Brown and William Gertig**

SCHOOL SPORT SA STATE VOLLEYBALL CHAMPIONSHIPS

Mr Huff and Mr Grigg are currently undertaking the daunting task of selecting boys and girls volleyball teams to represent our school in the up coming championships down at Lightsview on Thursday 21st November. These teams should be finalised next week and we look forward to competing against other like schools in one of our favourite team sports.

COMMUNITY NEWS

In the last Sports Report we wrote about the great little 'Wave Rider' team in the Bradbury Soccer Summer Season competition. Now we have an awesome little story from one of the team members from this week's game.

At 4:55pm I was in the car as I told mum that I wanted to score a goal tonight. At the game we do a drill then we huddled and Eloise's mum said I could be striker. I thought here's my chance. We got on the field and I felt nervous. We tried our hardest to try to slow them down but they were unstoppable. Later is was half time and Kate said, "Even though you're a striker you can defend". It was the last five minutes and I knew if I wanted to get a goal I would have to make it quick. Boom! I just stole the ball off a player and Ia realised all of the other team were in their half, so I decided to go for goal. I was dribbling to myself and I gave it one final kick. It was a goal, my plan worked.

Bella Geirke

UPCOMING SCHOOL SPORT EVENTS

Competition Knockout Girls Cricket Volleyball **Opponents** Round 3 – Greenwith State Championships



Date Monday 13th Nov Tuesday 21st November



